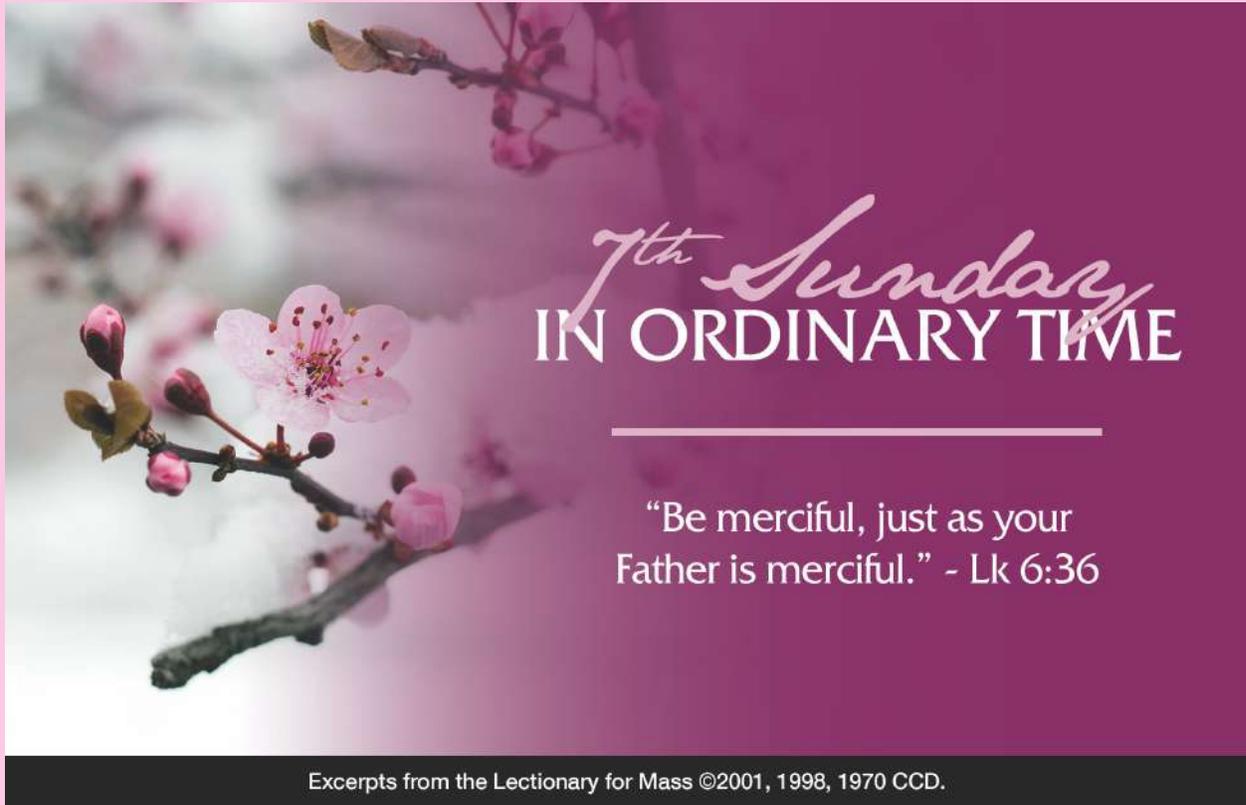




**THE CHURCH OF ST. BERNARD**  
**51 Prospect Street, White Plains, NY 10606**  
**www.stbernardswp.com**  
**February 20, 2022**



**Rectory 914-949-2111**  
**Rev. Robert J. Morris**  
**Pastor**  
**Director of Religious Education**  
**Executive Director of The Little Disciple Learning Center**  
**Veronica Cuahuey**  
**Rectory Office Manager**  
**The Little Disciple Learning Center 914-428-4727**  
**Jennifer Frias-Gonzalez**  
**Director of The Little Disciple Learning Center**  
**Virna Verastegui**  
**Coordinator of Religious Education**  
**914-949-2111 x.20**

**Mass Schedule/ Horario de Misas**

**Saturday Masses/**

**Misa del Sábado**

**5:30 pm**

**Sunday Masses /**

**Misas del Domingo**

**9:30 am**

**11:30 am (Spanish / Español)**

**Confessions:**

**Saturday / Sábado**

**4:00 pm - 5:00 pm**

**WE SHARE**



**VENMO**



**APPLE PAY**



## GOSPEL MEDITATION – ENCOURAGE DEEPER UNDERSTANDING OF SCRIPTURE

February 20, 2022  
7th Sunday in Ordinary Time

Sometimes, Jesus' teachings don't seem to make practical sense. When we hear things like love your enemies and do good to them, turn the other cheek when struck, give to anyone who asks, do to others as you would have them do to you, be merciful, stop judging, forgive, and give to others, we get a bit unsettled. After all, it's okay for God to do all of these things, but does He really want us to do them, too? Many good-hearted Christians really draw the line with some of these ideals and say, "No way!" They even remark that if someone did something hurtful to someone they loved, they would have no reservations seeking severe retribution. There is still this persistent thinking, even among those who consider themselves Christian, that a violent action deserves a violent response. Somehow, we continue to justify this.

Yet, it is most clearly against the very grain of the Gospel. Part of our difficulty has more to do with understanding God's love. We wrongly think that sinful or hurtful actions and evil people somehow are seen as lesser in God's eyes. They are not. God loves the sinner as much as He does the saint. And, both of these inclinations exist in every human being, even those who consider themselves holy. Both the capacity for good and the disposition toward evil exist in every one of us. Viktor Frankl has this to say when reflecting on the Holocaust: "Our generation is a realistic generation because we have learned what a human being really is. When all is said and done, man is that same creature who invented the gas-chambers of Auschwitz; but he is also that being who walked upright into those chambers with the prayer 'Shema Yisrael' on his lips."

If we believe in God, we have to act like God. Whether we like that idea is another issue. If we don't then perhaps, we need to reconsider our faith and whether we really believe in Jesus Christ. We are made in the image of God, not the image of ourselves. The Christian must, at all costs, leave resentment and the need for retaliation behind, lose defensiveness and bring into the mind and heart the realization of who we represent in this world.

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## MEDITACIÓN DEL EVANGELIO – ALENTAR UN ENTENDIMIENTO MÁS PROFUNDO DE LA ESCRITURA

20 de febrero de 2022  
7º Domingo del Tiempo Ordinario

Después de resumir las cuatro bienaventuranzas del domingo pasado, san Lucas nos ayuda a profundizar en la doctrina de Jesús y en sus palabras. Alerta con frases sabias a todos los cristianos, que de alguna manera se acercan al Evangelio: "Yo les digo a ustedes que me escuchan" (Lucas 6,27). Se trata de una colección de principios que versan así: "Amen a sus enemigos, hagan el bien a los que los odian, bendigan a los que los maldicen, y rueguen por los que los maltratan" (Lucas 6, 27-28). Cada uno de estos principios o reglas invitan a una seria reflexión. Deben penetrar en el corazón y en la mente para que produzcan mucho fruto.

Además, se nos dan pautas para caminar el camino de Jesús. Realidades increíbles que dice el Maestro, muchas veces imposibles de llevar a cabo. Poner la otra mejilla al ser golpeados, al que arrebató el manto darle también el vestido, dar al que pide, y al que te quita no reclamarle. ¿Cómo se hace esto? Son ejemplos concretos de conducta cristiana que no fallan al ponerlos en práctica. Jesús nos enseña que lo que importa es la persona y que debemos dejar a un lado los prejuicios y diferencias sociales. Si mi prójimo me necesita, ahí debo estar sin fijarme en la raza o el color. Por esa razón existe la regla de oro: "Traten a los demás como quieren que ellos les traten a ustedes" (Lucas 6,31).

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## Invest just five minutes a day, and your faith will deepen and grow – a day at a time

Sunday, Feb 20, 2022

SEVENTH SUNDAY IN ORDINARY TIME

It's a long road to freedom

Justice feels good—if we're on the side of the angels when it's meted out. Which means in most cases, the struggle for justice will cost us. This was certainly true for Frederick Douglass (1818–95), born enslaved yet becoming the first black American to gain a vote for president of the United States. As he wrote in his 1852 July Fourth speech: "The . . . conscience of the nation must be roused . . . the hypocrisy of the nation must be exposed; and its crimes against God and man must be denounced." On this World Day of Social Justice, consider the price you're willing to pay for justice.

TODAY'S READINGS: 1 Samuel 26:2, 7–9, 12–13, 22–23; 1

Corinthians 15:45–49; Luke 6:27–38 (81). "Do to others as you would have them do to you."

Monday, Feb 21, 2022

MEMORIAL OF PETER DAMIAN, BISHOP, DOCTOR OF THE CHURCH

Turn toward the good

Saint Peter Damian had two brothers—one bad, one good. The first treated him like a servant, the second had him educated, which led to Peter becoming a Benedictine monk. Humble and pious, he only reluctantly accepted when his community chose him to be their leader—and he was so good at it that some of those he directed became saints themselves. It was said of him that "his genius was to exhort and impel to the heroic, to praise striking achievements and to record edifying examples—an extraordinary force burns in all that he wrote." Like Peter, we've all encountered people who hold us down and others who lift us up. Which influence do you allow to shape you?

TODAY'S READINGS: James 3:13–18; Mark 9:14–29 (341).

"Everything is possible to one who has faith."

Tuesday, Feb 22, 2022

FEAST OF THE CHAIR OF PETER THE APOSTLE

Please be seated

The topic of papal infallibility relates to today's feast. A pope only makes infallible statements of faith when he speaks *ex cathedra*—Latin for "from the chair." *Cathedra*, from which we also get the word "cathedral," refers to a bishop's throne, a visual symbol of authority and governance harkening back to monarchical times. It's symbolic of a bishop being the seat of government for a particular locality. In this case, the pope is actually bishop of Rome, as Saint Peter was . . . and the Roman Catholic Church recognizes Rome's bishop as having authority over all the rest. Pray for Peter's successor today.

TODAY'S READINGS: 1 Peter 5:1–4; Matthew 16:13–19 (535). "And so I say to you, you are Peter, and upon this rock I will build my Church."

Wednesday, Feb 23, 2022

MEMORIAL OF POLYCARP, BISHOP, MARTYR

Make our mark

Saint Polycarp was born around the year 69, and it is said he was a direct student of Saint John, the evangelist, and may have compiled,

edited, and published many of the texts now found in the New Testament. He helped advance recognition of Paul as an apostle and the now common practice of biblical interpretation. He suffered a martyr's death by proclaiming a higher authority than the Roman emperor. His dying prayer included the words: "Lord God Almighty, I bless you, for having made me worthy of this day and hour." Let the breadth and strength of Polycarp's faith be an inspiration as you strive to trust in the Lord during challenging times.

TODAY'S READINGS: James 4:13–17; Mark 9:38–40 (343). "There is no one who performs a mighty deed in my name who can at the same time speak ill of me."

Thursday, Feb 24, 2022

Take a step toward wholeness

Today's gospel refers three times to Gehenna. Typically, Gehenna is interpreted as another term for hell. Who is in hell? Can we go to hell after we die? These questions have puzzled believers and scripture scholars for centuries, and the living cannot answer them from direct experience. The church teaches in the catechism that "this state of definitive self-exclusion from communion with God and the blessed is called 'hell.'" We know what separates us from God, and we know what unites us with God. Take a step today, no matter how small, to unite yourself with God.

TODAY'S READINGS: James 5:1–6; Mark 9:41–50 (344). "Salt is good, but if salt becomes insipid, with what will you restore its flavor? Keep salt in yourselves."

Friday, Feb 25, 2022

When together forever is causing real harm

Sometimes relationships don't work out. In the case of marriage, the Catholic Church urges reconciliation and offers pastoral help. But sometimes even reconciliation is impossible, especially when harm is present. That is why the church encourages people not to enter into marriage lightly, or any life commitment for that matter. The tools of discernment, prayer, spiritual reading, and seeking wise counsel can help you as you determine your best path. If you or a loved one need more information about beginning or ending a marriage or other life vocation, seek out the church's help.

TODAY'S READINGS: James 5:9–12; Mark 10:1–12 (345). "The Lord is compassionate and merciful."

Saturday, Feb 26, 2022

Learn some childish ways

The question of how children were viewed and treated in biblical times is a complicated one, but it seems safe to say they were often not extended the full rights and protections we assume for them today. The fact that Jesus treats them as fully formed persons, in fact as possessing qualities of innocence and trust that are essential for a full embrace of his saving message, would have struck his followers as remarkable. But Jesus has a way of turning our expectations upside down. What can you learn from the little persons in your own life?

TODAY'S READINGS: James 5:13–20; Mark 10:13–16 (346).

"Whoever does not accept the Kingdom of God like a child will not enter it."

## Lifting Mask Restrictions



The New York State indoor mask mandate that was in place for the last two months expired on February 10th.

Mask requirements in Church are lifted for everyone: Those who wish to wear a mask may do so at their discretion.

## St. Bernard's Food Bank

The Church of St. Bernard will be distributing, dairy, fruit and vegetable products at the main entrance of the St. Bernard's Community Center. This will be on a first come first serve basis on Thursday, February 24th at 4:00pm.

### Volunteers Needed

The Church of St. Bernard needs the help of at least 5 volunteers to assist us with the distribution of food from 3:00pm - 5:00pm. If you are able to help, please make sign up by visiting our parish website and clicking on the **GREEN** Sign-Up Genius button.



### MARCH 2ND

#### Ash Distribution Schedule:

- 9:00 am in the Main Church
- 12:00 pm in the Main Church
- 4:00 pm in the Main Church
- 8:00 pm in the Main Church

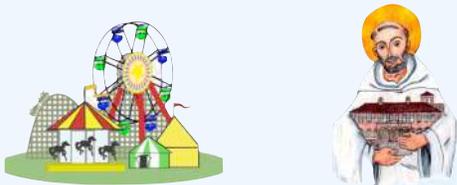
#### Stations of the Cross:

On Fridays during Lent, *Stations of the Cross* will be held in English at 7:00 pm and in Spanish at 8:00pm.

**Lenten Fasting and Abstinence**— During the Season of Lent, the Church urges all the Faithful to reflect a spirit of penance in their daily life through performing acts of fast and abstinence.

## Save the Date!

### 2022 St. Bernard's Carnival



This year our Parish Carnival is scheduled to run from Wednesday, July 6th through Saturday, July 9th from 6:00pm - 11:00pm

MAKE AN IMMEDIATE IMPACT

## DONATE ONLINE TODAY

[cardinalsappeal.org/donate](https://cardinalsappeal.org/donate)

### Select Your Gift

Select your gift amount or write it in, and then choose your number of payments. To become a monthly sustaining donor, please scan on your phone the QR code below.

### Choose Your Parish

Choose your parish from the online drop-down menu.

### Donate

Enter your billing and credit card information, then click "Process." Once your gift is processed, you will receive an email notification acknowledging your contribution.

Your gift to the *Cardinal's Annual Stewardship Appeal* is essential in promoting the growth and vitality of the Church in New York.

## THANK YOU FOR YOUR CONTINUED GENEROSITY!



the **CARDINAL'S**  
ANNUAL STEWARDSHIP APPEAL  
*Sharing God's Gifts*

1011 First Avenue, 14th Floor, New York, NY 10022  
646-794-3300 • [cardinals.appeal@archny.org](mailto:cardinals.appeal@archny.org)

## Restricciones sobre las mascarillas



El mandato de mascarillas para las partes interiores en el estado de Nueva York que estuvo vigente durante los últimos dos meses expiró el 10 de febrero.

Los requisitos de usar mascarillas en la Iglesia ya no es necesario. Para todos aquellos que deseen usar una cubrebocas pueden hacerlo a su discreción.



## 2 DE MARZO

### Horario de distribución de Cenizas:

- 9:00 am en la Iglesia Principal
- 12:00 pm en la Iglesia Principal
- 4:00 pm en la Iglesia Principal
- 8:00 pm en la Iglesia Principal

### Estaciones de la Cruz:

Los viernes durante la Cuaresma, las Estaciones de la Cruz se llevarán a cabo en inglés a las 7:00 p. m. y en español a las 8:00 p. m.

**Ayuno Cuaresmal y Abstinencia-** Durante la Temporada de Cuaresma, la Iglesia invita a todos los fieles a reflejar un espíritu de penitencia en su vida diaria mediante la realización de actos de ayuno y abstinencia.

## ¡Reserva la Fecha! Carnaval de San Bernardo 2022



Este año, nuestro Carnaval Parroquial está programado desde el miércoles 6 de julio hasta el sábado 9 de julio de 6:00 p. m. a 11:00 p. m.

## Banco de Alimentos de San Bernardo

La Iglesia de San Bernardo distribuirá productos lácteos, frutas y vegetales en la entrada principal del Centro Comunitario de San Bernardo. Será por orden de llegada el jueves 24 de febrero a las 4:00 p.m.

### Necesitamos Voluntarios

La Iglesia de San Bernardo necesita la ayuda de al menos 5 voluntarios para ayudarnos con la distribución de alimentos de 3:00 p. m. a 5:00 p. m. Si puede ayudar, regístrese visitando el sitio web de nuestra parroquia y haciendo clic en el botón **VERDE** Sign-Up Genius.

## Haga un impacto inmediato

## Done en línea hoy

[Cardinalsappeal.org/donate](https://Cardinalsappeal.org/donate)

### Seleccione su Donación

Seleccione el monto de su regalo o escríbalo, y luego elija su número de pagos. Para convertirse en un donante de apoyo mensual, escanee en su teléfono el código QR a continuación.

### Elija Su Parroquia

Elija su parroquia del menú desplegable en línea

### Donar

Ingrese la información de su tarjeta de crédito de facturación, luego haga clic en "Procesar". Una vez que se procese su regalo, recibirá una notificación por correo electrónico reconociendo su contribución.

Su donación a la Campaña Anual de Mayordomía del Cardenal es esencial para promover el crecimiento y la vitalidad de la Iglesia en Nueva York.

## Gracias por su Continua Generosidad!



the CARDINAL'S  
ANNUAL STEWARDSHIP APPEAL  
Sharing God's Gifts

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**Saturday, February 19, 2022**

5:30 Rosa Moreno

**Sunday, February 20, 2022**

9:30 Michael DiGuilmi

11:30 Julie Rivera

**Wednesday, February 23, 2022**

9:00 Evelia Sanchez (Living)

**Thursday, February 24, 2022**

9:00 Debora Montoya de Valencia

**Friday, February 25, 2022**

9:00 Aleida and Teresa Ramos Marin

**Saturday, February 26, 2022**

5:30 Bruce Clark

**Sunday, February 27, 2022**

9:30 Brijida Villafran Torres

11:30 Arcesio Osorio Cardona

**Prayer for the Sick /  
Oración para los Enfermos**

Please remember in your prayers those who are ill and those who serve them. / *Recemos por todas las personas de nuestra parroquia que se encuentran enfermas.*

William Fargelli  
Bernie Levine  
Elie Rodriguez

Jerrie Duffy  
Jennie Magnotta  
Vicky Rebatta



**PRAY**  
FOR THE SICK

**Sunday's Collection:**

Today's Second Collection is for Fuel. Next week's Second Collection will be for Snow Plowing. Thank you for your generous support to our parish.

La Segunda Colecta de hoy será para el Combustible. La Segunda Colecta de la próxima semana sera por el Arado de Nieve. Gracias por sus generosas contribuciones a nuestra parroquia.

**Weekly Collections**

**Beyond Sunday Morning Campaign**

**1st Collection -**

**Parish Envelopes & Cash:** \$4,966

**WeShare Electronic Donations:** \$912

**QR Codes Electronic Donations:** \$305

**1st Collection Total:** \$6,183

**2nd Collection -**

**Parish Envelopes & Cash:** \$1,011

**WeShare Electronic Donations:** \$26

**QR Codes Electronic Donations:** \$0

**2nd Collection Total:** \$1,037

**WE SHARE**



**VENMO**



**APPLE PAY**



**Reserving Announced Masses**

To request a Mass be offered for a loved one, living or deceased, please contact the Rectoría 914-949-2111. Mass offering is \$15.

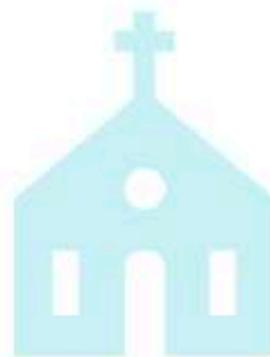
Reservando Misas Anunciadas.

*Para solicitar una Misa para un ser querido, vivo o fallecido, por favor comuníquese con la Rectoría al 914-949-2111. El ofrecimiento para la misa es \$15.*



**WE LOVE HAVING YOU AS  
A PART OF OUR FLOCK!**

**ESTAMOS FELICES DE TENERLOS COMO  
PARTE DE NUESTRA PARROQUIA!**



**Keep in touch with us via email and text!  
Para mantenerse informado de eventos los  
invitamos a registrarse a un sistema gratuito de  
mensajes de texto**



**TEXT**

**STBERNARD**

**To: 84576**

**ENVÍE EL MENSAJE**

**STBERNARD**

**AL TEL : 202-765-3441**



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**[bernardny.flocknote.com](http://bernardny.flocknote.com)**

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